

## THIS FALL 2018

## Achieve Life by Little Achievers OT & PT PLLC presents: BUILDING SUCCESS AT HOME:

A group for young adults on the Autism Spectrum

We all need structure in life. Short term goals, long term goals, and weekly schedules are just a few of the things we could all benefit from. This eight week group will meet once weekly for an hour to discuss and practice the ability to identify personal goals and structure the day in order to achieve individually identified goals.

If this is something that interests you, we would love for you to join us! Contact us for more information. Monday evenings this fall. Dates and times TBD

We are looking for clients ages 16 or older with a diagnosis of ASD to participate

Give us the opportunity to help you achieve your potential

Call us to set up a phone intake to get started

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